

## RECYCLING – WHY SHOULD WE RECYCLE ?

Recycling conserves our valuable natural resources!

- Recycling helps to conserve our natural resources such as oil, metal and water.

- For example plastic bottles can be recycled into new plastic bottles and polyester fibres for use in fleece jumpers and car mats.
- By recycling we reduce the amount of natural resources needed to make products and packaging.
- Also less mining and extraction occurs, which is beneficial to the natural habitats of wild animals.

## RECYCLING SAVES ENERGY!

- Recycling aluminium saves 95% of the energy required to produce aluminium from raw materials.
- Recycling just one plastic bottle will save enough energy to power a 60 watt light bulb for 3 hours!



## GREEN BIN IT

**PAPER**  
Newspapers, telephone directories, junk mail, catalogues, magazines, office paper, paperback books



**PLASTIC BOTTLES**  
Soft drinks, milk, shampoo, detergents etc.

**STEEL CANS**  
Food cans including beans, peas, fruit etc.  
Pet food cans such as dog and cat food



**ALUMINIUM CANS**  
Beverage cans including minerals and beer cans



**CARDBOARD**  
Food packaging such as cereal boxes, pizza boxes, teabag boxes, egg cartons, shoe boxes etc.



**CARDBOARD CARTONS**  
(Tetra Pak) Milk, juice, soup, rice, custard etc



## RECYCLING PROTECTS THE ENVIRONMENT!

- Recycling helps to conserve energy, so less greenhouse gases are emitted.
- Recycling reduces our dependence on landfill.
- With less materials going to landfill, less harmful emissions like methane gas are released into the earth's atmosphere

